

Social Leisure Youth Program SLYP-Out (Regina)

Ages

The program is offered to youth with a disability aged 17 to 22.

Number of Participants

The SLYP-Out program will accommodate up to 4 groups with approximately 6 or 7 participants in each group, (max. 25). Participants will be accepted on a first come first declared eligible basis.

Program Run Dates

The 2010-2011 SLYP-Out program will run from October 2010 to August 2011. The program will be delivered in 3 calendar session blocks. The session time blocks will be as follows: **Fall/ Winter Session** – November, December, January, February, (programming will suspend activities after the second week of December and resume after the second week of January); **Spring Session** – March, April, May, June; **Summer Session** – July and August.

Activity Times

Activities will take place on weekday evenings. For the Fall/ Winter Session these will be Tuesdays and Thursdays, for an approximate 2 hour period usually between the hours of 6:30 to 9:30.

Each participant will have an activity scheduled every second week during the Fall/ Winter Session and Spring Session. The Summer Session will provide one program activity per week.

Registration

In order to attend programming each participant must have completed a registration form. Registration fee for the program, payable upon commencement, will be as follows Fall/ Winter Session - \$45., Spring Session – \$45. If the Sessions are not full, registration fees for participants who join after Session start will be prorated once past the first month of the session (Summer Session excluded). The Summer Session, July and August will provide an activity every week. The registration fee will be \$25 for July and \$25 for August with participants having the option of signing up for the entire Summer Session or just one of the months.

Costs

Participants are responsible for costs such as admission fees and snacks when out on programming. Participants will be notified of costs before activities.

Transportation

Transportation for the SLYP-Out program will be provided by the Abilities Council with their Paratransit style bus. Participants will not be required to pay a fare when they access the bus.

Program Objectives

- To provide youth and young adults with disabilities an opportunity to take part in various social, leisure, recreational and cultural activities within the community.
- To promote inclusion of youth and young adults with disabilities into the community.
- To create opportunities to develop new friendships and maintain existing relationships through interaction with peer groups.
- To motivate program participants to explore and become independently involved in various community activities of their choice.
- To create an environment where participants can experience personal growth in the areas of self confidence, independence, personal skills and awareness.
- To increase awareness of a healthy lifestyle.
- To provide respite for families and caregivers.
- To provide assistance with transportation and access to community activities.
- To provide an opportunity for better understanding of individual differences for those without disabilities.
- To provide through volunteering opportunities for youth and adults to work with people with disabilities.

For more information about the program including registration details, contact Michael Easton, 569-9048 or measton@abilitiescouncil.sk.ca